



List of sample regional association activities

- I. Educational Opportunities
 - a. Lectures, Panels on academic, political, health, or social issues
 - b. Study Groups on topical issues
 - c. Educational tours organized and sponsored by regional association
- II. Social and Networking Activities
 - a. All age groups
 - i. Spectator sports: attendance at university, or regional and local amateur and professional sporting events
 - ii. Picnics
 - iii. Historical tours: museums, art galleries, historical sites
 - iv. Professional or career building information events such as Networking
 - v. Dinners/luncheon with programs
 - b. Recent and young alumni/alumnae
 - i. Cocktail parties
 - ii. Theater or musical outings
 - iii. Participatory activities
 - 1. Sports teams sponsored by the Regional Association in inter-association leagues
 - 2. Dancing
 - iv. Wine Tours
 - c. Middle age to Senior alumni/alumnae
 - i. Health related discussions and symposia
 - ii. Financial and Retirement planning offerings
 - iii. Singles events
 - d. Young Families
 - i. Children's book readings
 - ii. Children's age appropriate events
 - 1. Art related
 - 2. Cooking with parents
 - iii. Outings: picnics, amusement parks
 - e. Alumni-student (mixed age) activities
 - i. Lunches, dinners or other programs during student holidays or breaks
 - ii. Alumni mentoring, or help with job interview or search techniques
 - iii. Summer internships, including association social activities for alumni and interns sponsored by the association
- III. Service Offerings
 - a. Regular service or charitable events
 - i. Sponsored by regional association on a repeating basis
 - ii. Sponsored by non-association NGOs on repeating basis
 - b. Special or theme organized days of service with community NGOs including charities
 - c. Educational mentoring – this is also representing the university
 - i. Tutoring local students, even if not candidates for the university
 - ii. Mentoring students about general university application processes.
- IV. Continued Connection with the University
 - a. Events, meetings, talks by university officials on the state of the university and other developments
 - b. Representing the university at events where students learn about different universities
 - c. Lectures by university professors or researchers, "subsidized" by university
- V. Interaction among Alumni/alumnae
 - a. Job banks with positions offered by Alumni/alumnae of the university associated with the regional association
 - b. Career mentoring